

It is such a blessing to receive this food. It really helps...Food is the center point of community. It brings people together...Thank you. I wish you could see the kids you help. You're helping a lot more people than you ever realize. There are a lot of children right here in America who are cold and hungry...Some of the kids here, if they weren't in this program they wouldn't have anything to eat when they get home...It's good to know that if you hit hard times there are people out there who will help.. It's a relief to know there's food here... It's hard to look at kids when you don't have money to go buy groceries...We won't see the benefits of the 501(c)(3). We appreciate it though...This is a benefit to our kids, a benefit to our families...I can't imagine what I would do without the food you provide...I probably wouldn't have you in my life if it weren't for people who really need help. If I don't have the Food Bank, I'd be in a bad situation. There are a lot of families out there that are struggling that you provide that kind of help for us... Your donations are appreciated and taken for granted, they are used wisely. There are a lot of people who need this help. People can't move forward unless the

Feedback

Summer 2010

You're Feeding the Hungry in Our Community!



LOOK INSIDE
to see how
you're making
a difference
in hungry
children's lives!

Tarrant Area
**FOOD
BANK**
FIGHTING HUNGER
IN 13 COUNTIES
FEEDING AMERICA



FIGHTING Summer Hunger

Dear Friend,

When I think of summer, some of the images that come to mind are sunshine, baseball games and cookouts at the lake with family and friends.

But not everyone has pleasant memories like these to associate with summer. In fact, there are thousands of parents here in our community whose first thought when they think of summer is, “How will I feed my children now that school is out?”

For families of children who depend on their schools’ free or reduced-price meal programs, summer can be one of the most difficult times of the year. Once schools close for the summer, many families’ food budgets are stretched beyond what they can handle.

Summer can also be a difficult season for senior citizens. When temperatures rise, so do utility bills – and for seniors living on fixed incomes, this often means choosing between paying for electricity and buying groceries.

That’s why your support of Tarrant Area Food Bank is so vitally important. Your gifts enable us to provide nutritious groceries to families, children and seniors in need all summer long through our network of partner food pantries and meal sites.

Please take a moment to read the stories and see the pictures of real families and children whose lives have been transformed because of the food your gifts provide. I hope you’ll be encouraged by what an impact your involvement has made in their lives.

Thank you for all you do to fight hunger here in our community. I am so grateful for your partnership.

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community. It brings people together...Thank you. I wish you could see the kids you help. You're helping a lot more people than you even realize. There are a lot of children right here in America who are old and hungry...Some of the kids here, if they weren't in this program they would be crying to eat when they get home...It's good to know that if you have a hard time helping people out there who will help.. It's a relief to know there's food here... It's great to see kids when you don't have money to go buy groceries...We won't see the same scenes. We appreciate it though...This food is a benefit to our kids, a blessing to their families...I would do anything to help. We're helping people live a better life.



You Nourish Kids' Bodies and Minds

“[Hungry children] struggle with being able to learn and to concentrate,” says Andra Barton, director of Camp Community Storehouse in Roanoke. “The key is spending time educating them, not just giving them food. It’s the education and knowledge combined that gives them hope for the future.”

Camp Community Storehouse is a program of Christian Community Storehouse, a Tarrant Area Food Bank partner agency. As the camp’s director, Andra’s passion is to provide hungry children with both the nutrition and the education they need to stay strong and healthy during the often challenging summer months.

The camp runs for three weeks and is open to children entering kindergarten through second grade who participate in their schools’ free or reduced-priced meal programs. Each weekday, kids participate in various rotations like reading, music, physical education, etiquette and other activities. They also receive a wholesome meal provided by the Food Bank.

Christian Community Storehouse Executive Director Barbara Board says the children also get to eat a healthy snack like whole wheat bread and raisins during their etiquette lessons.

“This is what we’re about!” she says. “We’re providing for them.”

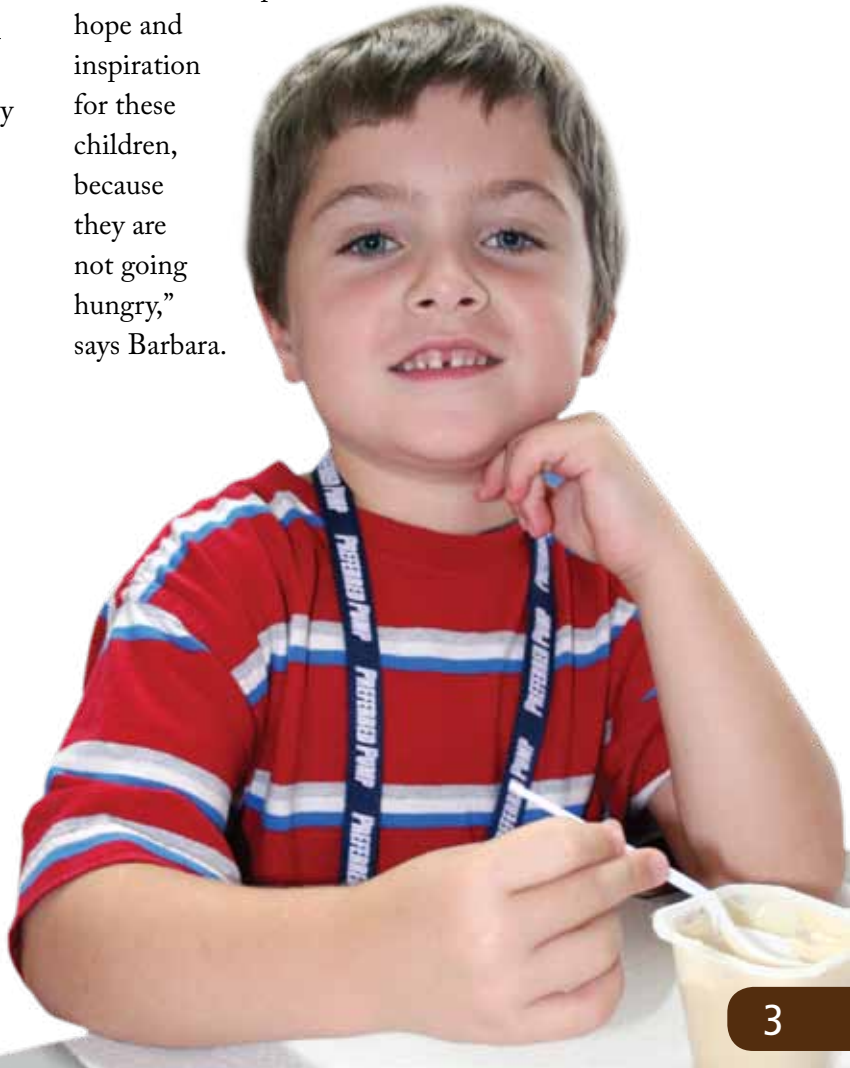
But what sets Camp Community Storehouse apart, Andra says, is its emphasis on teaching kids about the importance of nutrition and how to make healthy eating choices on their own. By showing them how to choose healthier options like fruits and vegetables and to avoid things like fast food, the camp’s staff hopes to break the cycle of childhood obesity.

“We’re teaching them how to take care of their bodies – to be mindful of eating good things, and to concentrate on what they’re taking in,” says Andra. “We’re not just giving them food – we’re empowering them with knowledge.”

“We’re not just giving them food – we’re empowering them with knowledge.”

It’s your gifts to Tarrant Area Food Bank that help enable agencies like Christian Community Storehouse to provide valuable resources and nutritious food to hungry children in our community. These kids and those who serve them are so grateful for your generosity.

“Your efforts provide hope and inspiration for these children, because they are not going hungry,” says Barbara.



THANK YOU!

Weaver

Fort Worth-based accounting firm Weaver (formerly Weaver & Tidwell) stepped up to the plate in a big way by donating \$50,000 to five Texas food banks and the Texas Food Bank Network, including Tarrant Area Food Bank! This generosity helped provide 36,000 meals for hungry people in our community. In addition, Weaver employees held a food drive in January and helped sort, inspect, and repackage food in the Food Bank's Quality Control Room.

Shaw Floors

Shaw Floors donated \$10,000 to the Food Bank following its Guinness World Record for Largest Pie Fight on January 7. Thanks, Shaw Floors!

Breakfast with the Stars

The Food Bank's second annual Breakfast with the Stars was a great success. Enough money was raised to open two new BackPacks for Kids sites for the 2010-2011 school year! Because of the hard work, enthusiasm and creativity of the event committee and other volunteers, at least 200 school children will have enough to eat over the weekend during the next school year.



Special thanks to presenting sponsor Walmart. Other sponsors include: Fort

Worth, Texas magazine, Quicksilver Resources, Shannon and Mark L. Hart III, the Joe and Nan Johnson Family Foundation, Starbucks Coffee, Whataburger and Dannon. The Food Bank's Community Kitchen provided the breakfast served by our board members. Special thanks to our committee chairs, Tyler & Brian Crumley and Cynda & Eric Wroten and the entire committee of 31 couples.

Food & Fund Drives

Thanks to the more than 100 groups who hosted food drives during the first quarter of 2010. As we face an increasing need for canned food, we are grateful to each organization, school, company and group that collects canned food and funds to help with our hunger relief efforts. If you want to join the fight against hunger by hosting a food drive, please contact Susan Frye at 817.332.9177 x110.

Tom Thumb Presents Empty Bowls 2010

With the biggest crowd yet, this year's Empty Bowls raised more than \$208,000, which will provide 832,000 meals for our hungry neighbors! More than 1,800 guests sampled soups, breads and desserts from wonderful restaurants, caterers and

chefs. Thanks to all the area potters, woodturners, teachers, students and artists who donated their time and talents to hunger relief by producing more than 2,000 magnificent bowls for this event! We'd also like to thank the many volunteers who helped plan, produce and present Empty Bowls. See you at next year's event on February 18, 2011!

Stamp Out Hunger

Thank you to all who participated in this year's National Association of Letter Carriers' Stamp Out Hunger Food Drive on May 8. We'd also like to thank Kroger and Campbell's Soup Company for providing 375,000 grocery sacks to homes advertising the drive. We are honored



to have Coca-Cola and Coors Distributing Company assist with the local delivery of food to the Food Bank. Thank you!

Coach Gary Patterson

TCU football Coach Gary Patterson was presented the Coach of the Year Award on April 17 by the Bobby Dodd Foundation. This award honors the Division 1A college football coach whose program represents quality on and off the field. It also comes with a \$10,000 cash award to be donated to a charity in the honoree's name. Coach Patterson chose Tarrant Area Food Bank and our BackPacks for Kids program! Thank you so much, Coach Patterson!

SAVE THE DATE! Cruise for Food | July 24

Come out to Birdville Fine Arts Stadium on July 24 to Cruise for Food with the North Texas Street Cars Association. Enjoy a car and bike show and live entertainment, as well as a chance to win raffle prizes. All proceeds from this event will help fight hunger in our community.

Hunger Action Month | September

Mark your calendars now for Hunger Action Month, which is all month long in September. Keep checking www.tafoodbank.org for fun and creative ways to fight hunger throughout the month!

Canstruction 2010 | October 10-17

Don't miss this year's Canstruction, where canned food items become art in the form of larger-than-life sculptures created by local design, engineering and architecture firms. Sculptures will be on display at Northeast Mall from October 10 through 17. Come out and vote for your favorites!

Kick the Can | November 5

A longstanding Tarrant Area Food Bank tradition, Kick the Can is back for another year on November 5. Don't miss out on the fun! Meet us downtown at Sundance Square to kick hunger out of North Central Texas!

YOU'RE FEEDING THOSE IN NEED ALL SUMMER LONG!

Seniors in need are so thankful for the food your gifts provide.



Your gifts provide nutritious groceries for our hungry neighbors.



Thank you for feeding the future of our community!

Hungry children can eat nourishing meals because of you.



Your gifts to Tarrant Area Food Bank bring hope in the form of food to thousands of hungry families, children and seniors here in Fort Worth and surrounding communities. Thank you!

Thank you to the following groups who donated their time and talent to help fight hunger:

Advantage Health Care	Haltom City Senior
Alcon	Citizens Center
Altrusa Club	Handley United
American Airlines	Methodist Church
Arlington Heights High School – Interact Club	Hurst-Euless-Bedford ISD
Azle Senior Citizens Center	Huguley Hospital
Bell Helicopter	John Knox Presbyterian Church
Bethel Missionary Church	John Peter Smith Hospital
Birdwell Church of Christ	Junior League of Fort Worth
Burlington Northern	Lake Country Christian School
Santa Fe Railway	Latter Day Saints Youth Group
Capstone Church	Lighthouse Food Pantry
Care Plus Pharmacy	Lockheed Martin
Carswell Marine Volunteers	Macy's
Castleberry High School	Milestone Church
Christian Community Assistance – Southwest Aid Alliance	Mission Granbury
Kenikor Foundation	National Semiconductor
Central High School	Nolan Catholic High School
City of Euless	North Fort Worth Baptist Church
Community Link Mission	Parker Stratoflex
COPAS and XTO Energy	Paschal High School Ex-Students
DFW Engineers	Plasma CSO
Diamond Hill Senior Center	Real Life Connections
Doc Sessions Senior Citizens Center	Refugee Services
Dunbar High School - National Honor Society	Saxon Mortgage
Fellowship Church	Senior Resource Center
First Baptist Church of Willow Park	Southwest Christian School
First Presbyterian Church	Southwest High School – Key Club
First United Methodist Church of Euless	Sprint
First United Methodist Church of Granbury	St. Christopher Episcopal Church
Ford Motor Credit	St. George Catholic Church
Ford Worth Country Day School	St. Rita's Catholic Church
Fossil Creek Community Church	Takeda Pharmaceutical Group
Fossil Ridge High School – HOSA	Target
First United Methodist Church – Loyalty Class	Tarrant County College – River Campus
Fort Worth Academy	Tarrant County
Fort Worth LeaderKids	TCU - Alpha Phi Omega
Genesis United Methodist Church	Texas Wesleyan University
Grace Prep School	Trinity Church
Grandview Food Bank	Trinity Valley School
Halff Company	University Christian Church
	U-Turn Ministry
	Walmart
	Weaver Financial Group
	Wedgwood Baptist Church
	Wells Fargo Bank
	Westminster Presbyterian Church
	White Settlement Senior Citizens Center
	Women in Construction

Thank you to the following groups for their generous donations to the Food Bank:

Alcon Foundation	Mary Potishman Lard Trust
Amon G. Carter Foundation	MillerCoors
Ann L. & Carol Greene Rhodes Charitable Trust (Bank of America)	Morris Foundation
Crystelle Waggoner Charitable Trust (Bank of America)	Ralph and Jeroleen Campbell Foundation
Beaumont Foundation of America	Shaw Floors
Bell-Wallace Trust	Sid W. Richardson Foundation
Colonial Charities	Speedway Children's Charities (Fort Worth Chapter)
Ella C. McFadden Charitable Trust	The Hyde Foundation
Exelon Power	W.K. Gordon, Jr. Foundation
Fluor Corporation	Wachovia/Wells Fargo Foundation
Ginsburg Trusts	Weaver
Guido & Ruth Shumake Charitable Trust (Frost Bank)	Web Maddox Trust
JPMorgan Chase Foundation	William E. Scott Foundation
Junior League of Fort Worth	Woodforest Charitable Foundation

VOLUNTEERS MAKE IT HAPPEN!

Tarrant Area Food Bank could not exist without the support of the many dedicated individuals, corporations, foundations, faith groups and other organizations that volunteer their time and talent to help feed hungry people in our community. These committed community leaders are the heartbeat of the Food Bank, and we simply couldn't feed those in need without their help.

On April 22, the Food Bank was privileged to honor some of these unique individuals and organizations at a special Volunteer Appreciation Event at our warehouse.

Bob Presley received the Ima Strain Award for dedication and consistent commitment. Bob began his involvement with the Food Bank in the '90s while working at the Botanic Gardens. As one of the first employee champions of the City of Fort Worth's Food Drive, Bob brought both energy and excitement to the drive. After many years, the City of Fort Worth's food drive remains one of the largest. After retiring in 2008, Bob began volunteering in the warehouse driving a forklift two to three times a week. So far he's contributed 948 hours of service in 20 months.

We are pleased to recognize Bill Johnson with the 2010 Debby Brown Award, signifying his achievement as Volunteer of the Year. Bill, a retired oil company executive,



Bill Johnson, Jerry Peacock of Walmart, Stacey Posey of the Breakfast with the Stars Committee, and Bob Presley

began donating his time in the warehouse in 2003. Since that time, the Food Bank has been able to count on Bill every Monday and Thursday. His commitment includes serving on the Food Bank Board of Directors, including serving as the Board President from 2008-2009. To date, Bill has logged more than 1,695 volunteer hours on the distribution dock.

Walmart and its 45 local stores received the Pat Mohler Award for exceptional leadership. Last year, Walmart kicked off its store donation program by providing a 24-foot refrigerated truck, internally named "Wally." Beyond fresh produce and protein, Walmart provides key ingredients to the Food Bank – volunteers and donations. Employees regularly volunteer in Quality Control, and Walmart has stepped up as the Presenting Sponsor of Breakfast with the Stars.

The 60-person-strong volunteer committee for Breakfast with the Stars received the 2010 Pattie Verkamp Award for volunteer leadership in fundraising. This event began last year with the goal of attracting younger volunteers and their children to Tarrant Area Food Bank. This year's event, highlighting our Community Kitchen and raising money for our BackPacks for Kids program, was a tremendous success. More than \$84,500 was raised through this year's event, allowing two additional BackPacks for Kids sites to be opened in the fall.

We are endlessly grateful to these committee members for giving their time, talent and resources to help fight hunger here in our community. Thank you!

If you or a group you're a part of would like to know more about how you can volunteer and serve the community through Tarrant Area Food Bank, please contact JoAnn Biggers at (817) 332-9177 x109 or joann.biggers@tafb.org.



You Help Parents in Need

Stacey would do anything for her 9-year-old daughter, Jordan. She'd even skip meals to make sure Jordan had enough to eat.

"I can do without," says Stacey. "But she can't."

Of course, neither Stacey nor her daughter should be going without food. But lately, it's been nearly impossible just to make ends meet. Stacey and her husband separated just a few months ago, which has been incredibly hard on both her and her daughter. Now she's raising Jordan on her own.

For years, Stacey depended on her husband's income. She's disabled and can't work – so now that she's a single mom, her only income is in the form of monthly disability assistance. She says after rent and utility bills, there's rarely enough left over to buy groceries for both herself and Jordan.

Jordan is fortunate to participate in her school's free breakfast and lunch program. But once school lets out for the summer, Stacey will have to find a way to provide these breakfasts and lunches that Jordan has been receiving at school.

After all that she and her daughter have been through this year, Stacey just wants this summer to be a real vacation for Jordan. But right now, Stacey needs a little extra help to make sure her daughter has enough to eat.

Fortunately, friends like you are helping families like Stacey's every day. Thanks to your gifts to Tarrant Area Food Bank, she can take home nutritious groceries from the Community Enrichment Center in North Richland Hills. This Food Bank partner agency provides important staples like fresh produce, bread and canned goods to about 1,000 individuals in need each month.

Stacey is so grateful for the food she receives – and she knows it's your compassion and generosity that help make this possible. Thanks to you, Jordan will have enough to

"This helps me feed my little girl"

eat this summer so she can grow strong and healthy and be prepared to start a new year of school in the fall.

"This helps me feed my little girl," says Stacey with genuine appreciation.

Thank you for helping to feed families and children in need this summer.



Join the Full Plate Society

To help you as you navigate the process of deciding which legacy plan is best for you and your family, Tarrant Area Food Bank now offers a free Personal Estate Planning Course. This is a home-study course designed to help you achieve a smart, effective legacy plan that meets your philanthropic and financial goals.

To enroll in the Personal Estate Planning Course, please check the appropriate box on the reply form. For more information about legacy planning, visit our legacy planning webpage at www.taafb.org. Simply follow the link to "Give Now," then click on "Legacy Gifts and Planning" for a wealth of educational resources. Please contact Kristie Gibson, Donor Relations Director, for more information at 817-332-9177, x136 or kristie.gibson@taafb.org.



“Everyone here is very thankful for the food!”

YOU HELP FAMILIES GET BACK ON THEIR FEET

Rebakah is raising her teenage son, Christopher*, on her own. She loves him more than anything and only wants the best for him – but lately, the best has been hard to provide.

Rebakah has been out of work since November. She’s looking for new jobs as often as she can, but taking care of Christopher is a full-time job. He has Asperger’s syndrome, a form of high-functioning autism. His primary struggle is with social interaction, so he needs a caretaker around at all times.

Rebakah receives a monthly disability check to help take care of Christopher, but their assistance was recently cut by nearly 30 percent. With rent, utility bills and medications for Christopher, there’s rarely enough left over to buy groceries.

Christopher is at a critical stage in his development, so it’s especially important for him to have access to nutritious food. But right now, Rebakah just needs a little extra help to make sure her son has enough to eat.

Fortunately, friends like you are helping parents like Rebakah every day. Thanks to your gifts to Tarrant Area Food Bank, she can take home nutritious groceries from a Food Bank partner food pantry just down the street from her home. Since she doesn’t have a car, it’s a huge help to be able to walk here and “shop” for groceries.

Rebakah is so grateful for the food she receives – and she knows it’s the generosity and compassion of friends like you that help make this possible. Thanks to you, Christopher will have plenty to eat this summer, enabling him to grow strong and healthy.

“Thank you! It gives me comfort knowing there are places to go in times of need,” she says. “When I get to a point where I can take care of myself, I will donate.”

You’re making such a difference in the lives of all kinds of families in need here in our community. Thank you for your generosity.

**child's name has been changed.*



2600 Cullen Street • Fort Worth, TX 76107 • www.taafb.org

