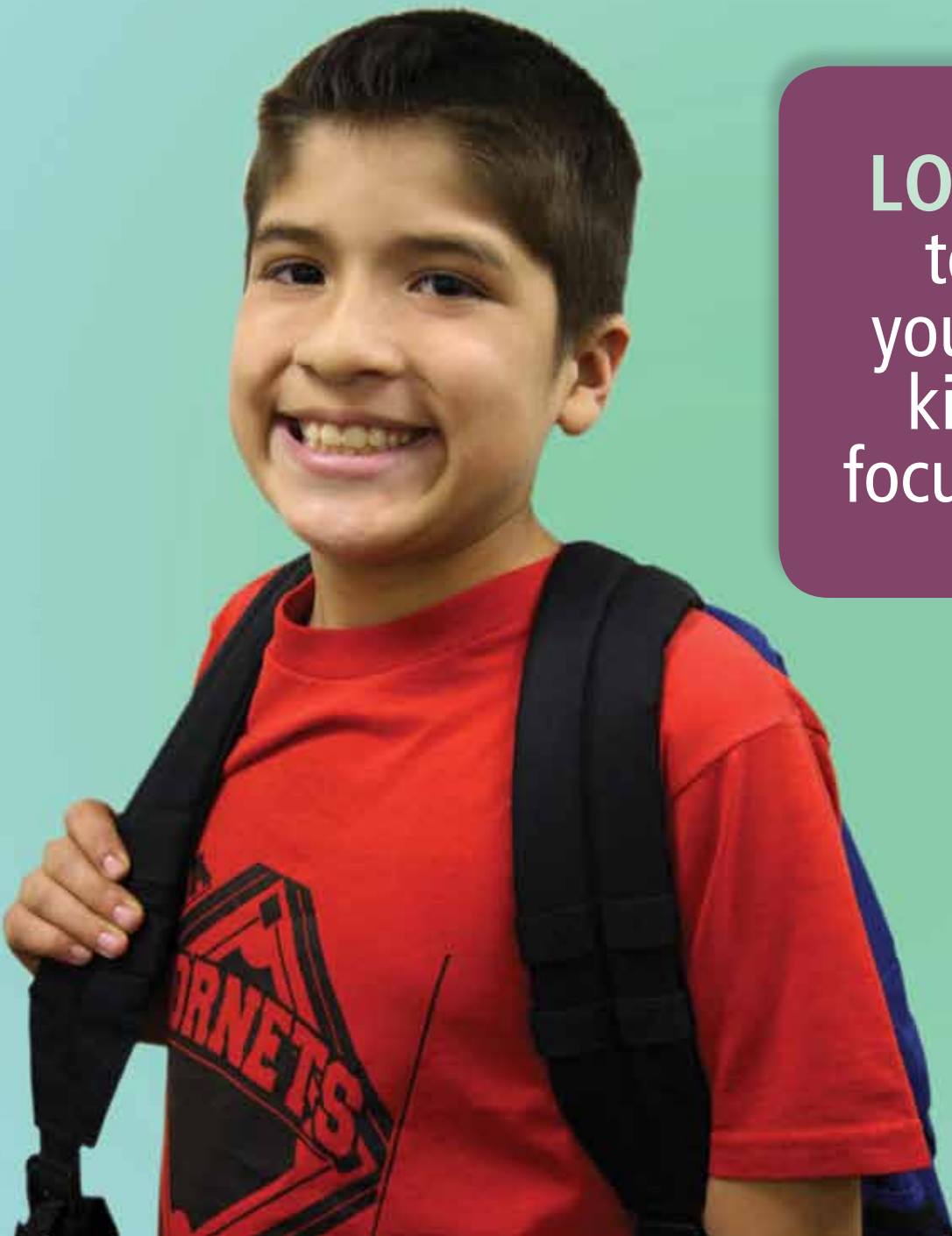


*It is such a blessing to receive this food. It really helps...Food is the center point of community. It brings people together...Thank you. I wish you could see the kids you help. You're helping a lot more people than you ever realize. There are a lot of children right here in America who are cold and hungry...Some of the kids here, if they weren't in this program they wouldn't have anything to eat when they get home...It's good to know that if you hit hard times there are people out there who will help.. It's a relief to know there's food here... It's hard to look at kids when you don't have money to go buy groceries...We won't see the same behavior in the schools. We appreciate it though...This food is a benefit to our kids, a benefit to our families...I can't imagine what I would do without the food you provide... You probably don't realize how you impact the lives of people who really need help. If I didn't have the Food Bank I'd be in a bad situation. There are a lot of families out there that are struggling. It's wonderful that you provide that kind of help for us... Your donations are appreciated and taken for granted, they are used wisely. There are a lot of people who need this help. People can't move forward unless the*

Fall 2010

**You're Feeding the Hungry in Our Community!**



**LOOK INSIDE**  
to see how  
you're keeping  
kids full and  
focused this fall!





# BACK to School

Dear Friend,

It's hard to believe another summer is already over. Kids are heading back to school after three months of fun and carefree days.

As this new school year begins, I want to truly thank you for your support throughout the summer. Without access to free or reduced-price school meals, thousands of children in our community were at risk of starting the school year hungry for more than just knowledge. But because of your support, their basic needs have been met, and they're focused and ready to learn.

This was an exciting summer at [Tarrant Area Food Bank](#) because for the first time in our history, we were able to expand our BackPacks for Kids program to the summer months. Through your support, our new SummerPacks for Kids program provided 2,000 chronically hungry children each week with backpacks full of nutritious food to last through the weekend when summer feeding sites were closed.

Your support of Tarrant Area Food Bank also ensures that our hungry neighbors will have enough to eat this fall. Because of you, we can provide food to children and families in need through our network of partner food pantries, Kids Cafes and our BackPacks for Kids program. You can read more about the specific impact you're making in the lives of our neighbors in need in the following pages.

Thank you so much for all you're doing to fight hunger in our community.

## OFFICERS

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*City of Fort Worth*

**Ann Ware Farmer, Past President**  
*Tarrant County*

**Armando Silva, President-Elect**  
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**Mike Dunlap, Treasurer**  
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**Marsha Abeson, Programs**  
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*Lockheed Martin Aeronautics*

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*The Kroger Company*



## THANK YOU!

### City of Fort Worth



The City of Fort Worth's summer "Food Share" drive was a huge success! All funds donated were designated to the Food Bank's new SummerPacks program, which provides nutritious weekend food to hungry children during the summer when they don't have access to school meals. Thank you!

### Deloitte Consulting

As part of their National Impact Day, Deloitte Consulting employees recently painted the Food Bank's agency waiting room. Thank you so much to Deloitte employees for sharing their time and talents with us!

### FROGs

Thank you to Will Lourcey and the FROGs (Friends Reaching Our Goals) for spending their summer helping those in need. This group of elementary school students is committed to raising money, food and awareness about hunger in Fort Worth. You can keep up with Will and the FROGs on their web site, [fortworthfrogs.com](http://fortworthfrogs.com).

### "Ride for a Can"



On August 5, the Fort Worth Transportation Authority (The T) riders helped "Fill the Bus" during its annual food drive. Patrons donated nonperishable food items to the Food Bank and were allowed to ride The T for free. Thanks to all who participated.

### Tarrant County



Thank you to Tarrant County employees for their contributions during their annual food drive! Led by outgoing Food Bank Board President Ann Farmer, employees donated both food and funds to help feed our hungry neighbors this fall. Thank you to all employees who are making a difference in the lives of our hungry neighbors.

### Park Place Motorcars Bedford Show & Shine



Thank you to the Mercedes-Benz Club of America and Park Place

Motorcars Bedford for raising more than \$1,700 and several cases of donated canned goods for the Food Bank at the 2010 Show & Shine event!

### Share the Holidays

Instead of an office holiday party this year, try volunteering at the Food Bank! Celebrate the season, give back to the community and share the experience with your co-workers. Shifts are available Monday through Friday from 9 a.m. to noon, or Tuesday, Wednesday and Thursday from 1 to 4 p.m. Call or e-mail Mary Kathryn Anderson at 817-332-9177 x132 or [maryk.anderson@tafb.org](mailto:maryk.anderson@tafb.org).

## SAVE THE DATE!

### Hunger Action Month

September | Mark your calendars now for Hunger Action Month, which is all month long in September. Keep checking [www.tafb.org](http://www.tafb.org) for fun and creative ways to fight hunger throughout the month!

### Canstruction 2010

October 10-17 | Don't miss this year's Canstruction, where canned food items become art in the form of larger-than-life sculptures created by local design, engineering and architecture firms. Sculptures will be on display at North East Mall from October 10 through 17. Come out and vote for your favorites!

### Kick the Can

November 5 | A longstanding Tarrant Area Food Bank tradition, Kick the Can is back for another year on November 5. Don't miss out on the fun! Meet us downtown at Sundance Square to kick hunger out of North Central Texas!

### Extinguish Hunger

November & December | Come by any Fort Worth or Arlington fire station or local Capital One Banking Center this holiday season and drop off nonperishable food items to extinguish hunger in our community!

### Holiday Card Drive

November & December | Send your holiday cards through Tarrant Area Food Bank! The greeting cards include a recipe from Grace of Fort Worth. Call JoAnn Biggers at 817-332-9177 x109 for more information.

# THANK YOU FOR FEEDING OUR HUNGRY NEIGHBORS!

Seniors in need are so thankful for the food your gifts provide.

Children can take home backpacks full of nutritious weekend food, thanks to you.

Your gifts mean healthy groceries for those in need.

Parents can provide for their families because of your compassion.



You're feeding the future of our community!

Your gifts to [Tarrant Area Food Bank](http://www.tafb.org) bring hope in the form of food to thousands of hungry families, children and seniors here in Fort Worth and surrounding communities. Thank you!

Thank you to the following groups who donated their time and talent to help fight hunger:

All State Insurance	North Fort Worth Baptist Church
Altrusa Club of Fort Worth	Northwest High School – National Honor Society
American Airlines Interns	Oak Ridge Church
Auto-Mission Agency	Old Navy Store, Ridgmar Mall
Azle Senior Citizens Center	Panhellenic Society of North Texas
Burlington Northern Santa Fe Railway	Parker Stratoflex Company
BOMA – Building Owners and Management Association	Paschal High School
Capital One Bank	Pepsi Corporation
Capstone Church	Pfizer Inc.
Carmax	Rainbows Club-Alvarado
Castleberry High School	Ridglea United Methodist Women
Christian Community Assistance	Righteous Branch Ministries
Kenikor Foundation	Rio Vista Food Pantry
Central High School	Sabre
Christ Church	Sandra’s Angels
Community Link Mission	Saxon Mortgage
Council of Petroleum Accountants Society	Shephard Elementary School
Cowtown Corvette Club	Singing Oaks Church of Christ
Crossroads Church	Southern Arkansas University
Cross Point Church	Southwest Christian Church
Deloitte Consulting LLP	St. Christopher Church
East Fort Worth 4H Club	St. George Catholic Church
First United Methodist Church of Euless	St. Rita’s Catholic Church
First United Methodist Church of Fort Worth	Super Target- Montgomery Plaza
Flo-Serve	Target Store Managers
Ford Motor Credit	Tarrant County College - Northeast Campus
Fort Worth Paralegal Group	Tarrant County Employees
Galation Ministry	Texas Christian University Ministries Department
Genesis Methodist Church	Texas Christian University Frog Camp
Granbury United Methodist Church	Texas Health Resource
Grandview Food Pantry	Texas Wesleyan University
Handley-Meadowbrook Senior Center	Trinity Lutheran Church
Hurst-Euless-Bedford Independent School District	Trinity Valley School
John Knox Presbyterian Church	Community Partners
Kroger	True Vine Ministry
Latter Day Saints Church of Colleyville	University Christian Church
Life Connection Group	University of North Texas Health Science Center
Lighthouse Food Pantry	Urban Gap Ministry- First Presbyterian Church
Little Caesars Pizza	U-Turn Ministry Food Pantry
Lockheed Martin Aeronautics	Venus High School Key Club
Mercy Heart, South Haltom Baptist Church	Wal-Mart
Merrell Lynch Corporation	Wise Area Relief Mission (WARM)
MetChurch	Well Point Health Services
Mission Central Food Pantry	Wells Fargo Advisors
Mission Granbury Food Pantry	Wells Fargo Group
National Society of Black Engineers - UTA	White Settlement Senior Center
National Association of Letter Carriers	Woodforest Bank
	Young Professional Group

# A CITY COMES TOGETHER TO FIGHT HUNGER

There’s something special about the community of Azle, Texas. Though the city’s population has grown to more than 10,000 residents over the past five years, it’s apparent that each and every one knows the true meaning of being a good neighbor.

The city of Azle’s benevolent community efforts include the Azle Lions Club’s Angel Tree Program and clothing and school supplies drives for disadvantaged kids. Andy Rector, a lifelong Azle resident, says the next natural step was providing food for the community’s hungry children. When he heard about [Tarrant Area Food Bank’s](#) BackPacks for Kids program, which provides chronically hungry kids with backpacks of nutritious weekend food, he knew it was the perfect solution.

“This community is doing a wonderful job supporting a number of different needs. The next step was feeding kids on the weekends,” he says. “When Bo [Soderbergh, executive director of Tarrant Area Food Bank] introduced me to the [BackPacks for Kids] program, I said, ‘We’ve wanted to do this in Azle, but we just don’t have the food.’”



Azle police officer Bill Jones helps deliver food for the BackPacks for Kids program at Cross Timbers Elementary School.

*Photo courtesy of Edwin Newton, editor of Azle News.*

But Tarrant Area Food Bank did have the food – and soon a partnership was born. With the entire community of Azle working together, the BackPacks for Kids program began on a test basis at two elementary schools. A Food Bank partner agency in Azle called Community Caring Center comes to the Food Bank each week to pick up the bags of nutritious food.

Azle police officers pick up the food from Community Caring Center and deliver it to the schools, where counselors distribute it to their students every Friday.

“It couldn’t happen unless each cog in the wheel was involved,” says Andy. “We couldn’t do it without the Caring Center, police officers, the sponsors or the Food Bank.”

The program has now expanded to all five Azle ISD elementary schools, serving about 250 hungry children each week. The city plans to provide backpacks of weekend food in two of Azle’s middle schools as well. Andy says the response to the program has been phenomenal – in regard to both the children they’re serving and the community support they’ve received.

“The impact on the kids is immeasurable,” he says. “It’s helping them stay in school, perform better, and it’s giving them the nourishment they don’t have at home.”

We are truly inspired by the ways this remarkable community is coming together to fight childhood hunger and are grateful for each and every person who has given their time, talent and effort to this end. Thank you!

If you or a group you’re a part of would like to know more about how you can volunteer and serve the community through [Tarrant Area Food Bank](#), please contact JoAnn Biggers at 817-332-9177 x109 or [joann.biggers@tafb.org](mailto:joann.biggers@tafb.org).

# You Bring Hope to Families in Need

"I thank God for you."

As a mother, few things bring Rachel more joy than seeing her kids get excited about something. Their smiles, their laughter and their unique squeals of delight are sweet reminders of the good things in life.

She just never imagined that she'd see this kind of reaction from them after bringing home groceries from a local food pantry.



"They'll be all excited and say, 'We got this!' and 'We got that!'" she says. "They look forward to it."

Rachel's kids are excited about getting food from the food pantry because usually there just isn't enough to go around. Rachel is a single mom, and though she's working as hard as she can to provide for them, it's been a huge challenge to make ends meet lately. Her hours at work have been cut so dramatically that her income now is barely enough for one person to live on, let alone a whole family.

She receives food stamps but says they only last about three weeks each month. Her kids are growing fast and therefore are always hungry. They all participate in their schools' free meal programs, but Rachel says she still can't seem to keep enough food at home. The knowledge that she can't provide for her children like she wishes she could gnaws at her constantly.

"I go to sleep stressing," she says. "One day, I know I'll make it through without worrying."

Fortunately, food is one thing Rachel doesn't have to lose as much sleep over anymore. Thanks to the gifts of friends like you, she can take home free, nutritious groceries from First Street Methodist Mission, a partner agency of [Tarrant Area Food Bank](#). This food pantry provides canned goods, cereal, rice, beans and other important staples to between 650 and 700 families each month.

Rachel is beyond grateful for the food she receives – and she knows it's your generosity that helps make this possible. Because of you, her children have the nourishment they need to grow strong and healthy so they can succeed at school.

"I thank God for you and all the help you give to families who are less fortunate," she says. "I appreciate it – a lot."

## Join the Full Plate Society

The Full Plate Society is an honorary society recognizing individuals who have included Tarrant Area Food Bank in their legacy plans through a will, trust, life insurance gift, or other legacy gift. Through these special gifts, our supporters are able to help feed our neighbors in need for many years to come.

To help you as you plan a way to preserve and pass on your resources and values to your family and community, Tarrant Area Food Bank now offers a free Personal Estate Planning Course. This is a home-study course designed to help you achieve a smart, effective legacy plan that meets your philanthropic and financial goals. To request your copy, check the appropriate box on the enclosed response form.

To learn more about legacy planning, visit our webpage at [www.tafb.org](http://www.tafb.org). Simply follow the link to "Give Now," then click on "Legacy Gifts and Planning" for a wealth of educational resources. Please contact Kristie Gibson, Donor Relations Director, for more information at 817-332-9177, x136 or [kristie.gibson@tafb.org](mailto:kristie.gibson@tafb.org).



# YOU FILL KIDS' LIVES – IN MORE WAYS THAN ONE

“This makes a really big difference.”

“You really get a picture of how much you take for granted when you see a kid act like it’s Christmas when they get food,” says Joni Bettis, counselor at Liberty Elementary School in Azle. “That really makes you stop and think.”

Joni isn’t talking about the typical elementary school student’s excitement over the latest fruit snacks or flavor of juice. She’s referring to the dozens of chronically hungry children at Liberty Elementary whose faces light up when they receive their BackPacks for Kids backpack full of nutritious food each Friday.

BackPacks for Kids is a special [Tarrant Area Food Bank](#) program that helps fight childhood hunger – and your gifts help make it possible. Thanks to your support, the Food Bank provides children at 19 local schools – including Liberty Elementary – with backpacks full of healthy, kid-friendly food each Friday to last through the weekend. For kids who depend on their school’s free or reduced-price meal program, the food they receive through BackPacks for Kids might be all they get between lunch on Friday and breakfast on Monday.

Joni, who helps distribute the backpacks at Liberty each Friday, says there were 46 children enrolled

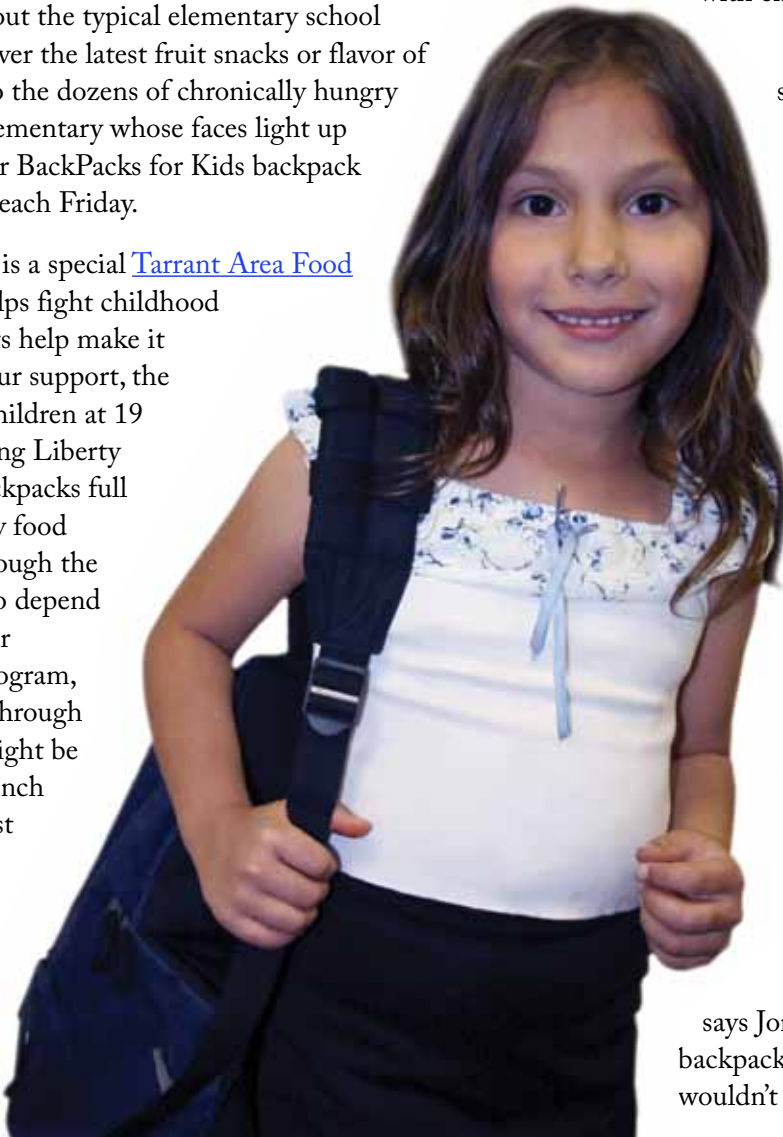
in the program last school year. Since half of the school’s students come from economically disadvantaged families and participate in the school’s free or reduced-price meal program, Joni knows many of them are going home at night to houses with empty pantries.

“They definitely count on it,” she says.

Joni shares the story of one student whose family of four was forced to move into in a tiny travel camper on the back of a pick-up truck. They don’t have electricity or running water – and most days, they don’t have anything to eat, either. Joni says this student’s parents are so grateful that he’s able to take home backpacks of food each weekend through BackPacks for Kids. Sometimes, it makes all the difference in whether he eats or not.

It’s your gifts to [Tarrant Area Food Bank](#) that enable us to provide chronically hungry children at schools like Liberty Elementary with the weekend food they so desperately need. Because of you, these kids have the energy they need to succeed in the classroom this school year.

“This makes a really big difference,” says Joni gratefully. “When we give them the backpacks, they smile. I don’t know anyone who wouldn’t feel good about that!”



MEMBER OF

